

# MONTREAL SILVER BLADES

## *Skater's code of conduct*

<b>Ice Designation</b>	<ul style="list-style-type: none"><li>❖ At all times, you should respect the ice « designation ». For example, it is not permitted to do any free style on a « dance » ice.</li></ul>
<b>Code of Conduct and Security</b>	<ul style="list-style-type: none"><li>❖ At all times, there must be <b>at least two skaters on the ice</b>. A skater should never be left alone on the ice. In case of accident, if there is no coach on the ice, please contact an arena staff member immediately.</li><li>❖ During CanSkate sessions, skaters from stages 1 to 4 are required to <b>wear a CSA approved hockey helmet</b>. The helmet is recommended for skaters in stages 5 and above.</li><li>❖ Stand by the ice barriers or in a safe place when holding <b>social conversations</b> so that you do not disturb other skaters.</li><li>❖ Stand by the ice barriers <b>when consulting a solo, skill or dance pattern sheet</b>. It is forbidden to skate with sheets and notes in hands.</li><li>❖ Keep <b>ice barriers doors close</b>. As much as possible, stay clear of the door closed to where the music equipment is kept (computer, iPod, CD player, etc.)</li><li>❖ Stay informed on the sessions ending time. Be ready to get off the ice close to that time and <u>get off the ice as soon as you hear the arena alarm</u>.</li><li>❖ If you are the last one to get out of the changing room, <u>make sure to lock the door and take the key with you</u>. Also, don't forget to lock the door to the toilets (between two changing rooms). <i>There is no use locking the locker door if anyone can sneak in from next door!</i></li></ul>
<b>Music</b>	<ul style="list-style-type: none"><li>❖ Everyone is allowed to put on the music of his or her choice. The number of times that you play the same music or your selections should be <u>reasonable</u> and respectful to other skaters.<ul style="list-style-type: none"><li>▪ Coaches have priority while in lesson;</li><li>▪ Before you play your selection, make sure no one is skating to the music already playing.</li></ul></li></ul>
<b>Skating Priorities</b>	<ul style="list-style-type: none"><li>❖ With some exceptions, skating priorities are:<ol style="list-style-type: none"><li>1. While in lesson, the skater skating on his or her music holds the absolute priority;</li><li>2. The skater skating on the music that is playing;</li><li>3. A skater in lesson with his or her coach.</li></ol></li><li>❖ During group lessons, skaters within the group always hold the skating priority.</li></ul>

Remember that **common sense, respect and security** are required at all times.

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